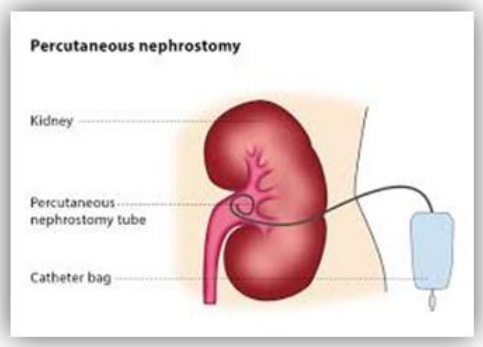
Children's Health Ireland at Crumlin

# INFORMATION LEAFLETS FOR PARENTS / CARERS OF A CHILD

## Children with an Nephrostomy Tube




The kidneys make urine that drains down a tube called the ureter. If the ureter is narrowed or blocked, the urine cannot drain away and puts pressure on the kidney. A nephrostomy tube is a thin catheter placed directly into the kidney to drain urine. This allows the kidney to function normally. Urine drains directly into a drainage bag.

## CATHETER CARE

***It is extremely important to keep the nephrostomy tube site clean. There will be a dressing in place which you must not remove as you risk dislodging the tube.***

- Do not get the dressing wet. NO BATH OR SHOWER.
- Reinforce the original dressing as required as demonstrated by your nurse.
- Empty the drainage bag as needed, don't allow it to get too full as the weight of the bag could dislodge the tube.
- Keep the bag secured to the baby grow or use a waist strap on an older child to prevent any tension on the tube.
- Change the drainage bag once every week:
- Wash your hands well with soap and water
- Clean the connection with an alcohol wipe
- Attach the new bag *REMEMBER TO CLOSE THE TAP*

**PLEASE CONTACT OR ATTEND LOCAL HOSPITAL / OLCHC FOR ADVICE REGARDING THE FOLLOWING SIGNS / SYMPTOMS**

| | |
|---|---|
| **KIDNEY INFECTION** | If your child is unwell/nausea or vomiting / off feeds/ temperature/cloudy/smelly urine / blood in urine. |
| **PAIN** | If your child is in considerable pain that is not settling. |
| **WOUND INFECTION** | Some ooze on the dressing is normal. Excessive foul smelling ooze may indicate site infection. The site may look red/swollen. |
| **DRAINAGE** | The catheter falls out or stops draining. |

## CONTACT DETAILS

| | |
|---|---|
| **TEAM:** | |
| **CONTACT NUMBER:** | |
| **WARD:** | |
| **CONTACT NUMBER**: | |

## UROLOGY CNSp

Urology CNSp

Phone 01 409 6100

Bleep 8686 - Bleep 8687 (Mon-Fri 9am – 5pm)

Out of hours - Contact your local emergency department

**Remember: Ask your nurse if you are unsure about anything about your child's care.**

### Additional instructions

**Drainage Bag Ref: E-90000 Plusbag McEvoy Medical**

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Developed by Liz Boyce - Urology CNSp

Date issued: September 2017 / Date of review: September 2020

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